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Taking also explore the role of the self as it relates to acceptance and commitment therapy, cognitive behavior therapy, and mindfulness processes.

Featuring work from world-renowned psychologists, this resource will help clinicians augment self-understanding in clients, especially those with autism spectrum disorders, schizophrenia, and

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impaired perspective-taking abilities.

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Helping clients cope with problems of self is an important goal of modern psychotherapy. However, without ways of understanding or measuring the self and self-relevant behavior, it's difficult

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for psychologists and researchers to determine if intervention has been effective. From a modern contextual behavioral point of view, the self develops in tandem with the ability to take perspective on one's own and other people's behavior.

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However, without ways of understanding or measuring the self and self-relevant behavior, it's difficult for psychologists and researchers to determine if intervention has been effective. From a modern contextual behavioral point of view, the self develops in tandem with the ability to take perspective on one's

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own and other people's behavior.

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Self-reported perspective taking and sympathy interacted when predicting prosocial moral judgment; adolescents who were high in either sympathy or perspective taking (or both) scored high

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Being able to take perspective is critical to our relationship with our self and others. While this is not something typically talked about in behavior analysis recent advances in our

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understanding of perspective taking and the development of a sense of self allow us to understand complex behaviors such as taking things personally.

The self and perspective-taking: Relational framing and ...

LM: Self as context is the stable perspective from which all self-relevant

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processes, including both problematic self-labeling as well as helpful self-based values, can be seen. Self as context is used to help clients disentangle their 'self' from their descriptions and evaluations.

The Self + Perspective Taking: An Interview with Louise ...

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We aim at integrating these seemingly contradictory findings, suggesting that perspective taking backfires when it causes the perspective-taking individual to feel threatened. Threat can emerge from the very act of perspective taking if the target of perspective taking is perceived as too different from the self or if adopting another's perspective

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creates the potential for negative self-evaluation.

**It's All About the Self: When
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They talk about the practice of perspective-taking and how it can be a powerful bulwark against self-recrimination. Finally, Steven offers his

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perspective on spirituality and how that
perspective informs the core tenets of
Acceptance and Commitment Therapy.

Author Info for Steven C. Hayes, PhD
Coming Soon

Steven Hayes PhD: Self-Acceptance and Perspective-Taking ...

Perspective Taking Perspective taking is

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the ability to look beyond your own point of view, so that you can consider how

someone else may think or feel about something. To do this successfully, you must have some understanding of others' thoughts, feelings, motivations, and intentions.

Understanding-Perspective-Taking |

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The Power of Perspective Taking | Psychology Today

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taking if the target of perspective taking is perceived as too different from the self or if adopting another's perspective creates the potential for negative self-evaluation. Furthermore, threat...

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Helping clients cope with problems of

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self is an important goal of modern psychotherapy. However, without ways of understanding or measuring the self and self-relevant behavior, it's difficult for psychologists and researchers to determine if intervention has been effective. From a modern contextual behavioral point of view, the self develops in tandem with the ability to

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take perspective on one's own and other people's behavior.

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Social Sciences > Psychology > Clinical Psychology
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McHugh PhD, Ian Stewart PhD, Mark Williams PhD (Foreword). This particular edition is in a Paperback format. This books publish date is Feb 02, 2012 and it has a suggested retail price of \$69.95.

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Taking also explore the role of the self as it relates to acceptance and commitment therapy, cognitive behavior therapy, and mindfulness processes.

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Perspective-taking is the process by which an individual views a situation

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from another's point-of-view. Within the scientific literature, perspective-taking has been defined along two dimensions: perceptual and conceptual.

Perspective-taking - Wikipedia

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McHugh, Louise, Stewart, Ian, Williams,
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therapy, and mindfulness processes.

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The Self and Perspective Taking eBook by Louise McHugh ...

Functional contextualism is the philosophy of science underpinning Contextual Behavioural Science (CBS) that considers events as on-going actions that derive meaning from their

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context [16]. The novel CBS approach to the self and perspective taking being introduced here is based on the worldview of functional contextualism.

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