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Amazon.com: Surviving the Extremes: What Happens to the ...

Surviving the Extremes is the story of an expedition surgeon facing survival and death with his patients in some of the most extreme environments accessible to humans. The part of the book I liked best was the first segment in the Amazon. It was the best balance of adventure and medicine in the book.

Surviving the Extremes: What Happens to the Human

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Body at ...

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Surviving the Extremes : What Happens to the Body and Mind ...

Surviving the Extremes is exactly what it sounds like-- a book about the extreme. From the coldest mountains in the world to the swampy, muggy areas of the Amazon rainforest, to the great vastness of space, the author took us from place to place, describing events that had happened to unfortunate human

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beings who survived despite the odds.

Surviving the Extremes: What Happens to the Body and Mind ...

Surviving The Extremes shows us what happens when life is at stake and the body's capacities are put to their greatest test. Surviving the extremes uses first hand testimony and documented accounts to illustrate what goes on in environments where our instinctive survival strategies must become fully engaged.

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beautifully, giving us narrative that are powerful, moving, and very real." -Oliver Sacks A true-life scientific thriller no reader will forget, Surviving the Extremes takes us to the farthest reaches of the earth as well as into the uncharted territory within the human body, spirit, and brain.

Surviving the Extremes : What Happens to the Body and Mind ...

In his new book SURVIVING THE EXTREMES: A DOCTOR'S JOURNEY TO THE LIMITS OF HUMAN ENDURANCE, Dr. Kamler writes compellingly of the mental and physiological elements that combine to determine who lives and who dies when the human body is faced with extremes of altitude, temperature, heat, cold and pressure. This book is fascinating, compelling, and explains what the concept of "survival" really means within the context of the body's ability (and failure) to cope with extreme environments.

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