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**New Acceptance And  
(Drakes Remix) ft. LMFAO**

He is author of more than 350 scientific articles and twenty-seven books, including Acceptance and Commitment Therapy and Relational Frame Theory - two books that significantly develop the concepts on which Get Out of Your Mind and Into Your Life is based.



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get (someone or something) out of (one's) mind To forget or stop thinking about someone or something. Usually used in the negative. That song is so darn catchy—I can't get it out of my mind!

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